



Calling all Social Walkers!

Hi, we need your help!

The Sussex Group of the Long Distance Walkers Association is putting on two events in 2019:

The South Downs Marathon - Sunday 12th May approximately 28 miles, starting and finishing at the Village Hall in East Dean near Eastbourne.

The Sussex Stride – Saturday/Sunday, 21st and 22nd September approximately 51 miles starting and finishing at Longhill School in Woodingdean.

In order that the events run smoothly we need marshals. Marshals can have jobs as varied as car park attendants, helping in the kitchen or assisting at checkpoints.

We are asking that you please volunteer to help at one or both of the events in a capacity that suits you. Depending upon your commitments you could volunteer for a short period of time or a longer one. All help is greatly appreciated.

If you can spare some time, please give your e-mail address to one of the committee members on this walk or contact Chris Baines-Holmes at chrisbainesholmes@gmail.com.

Many thanks.